

ST FRANCIS CANTEEN MENU

BREAKFAST	
Fresh Fruit Salad – V, G	\$5.00
Gourmet yoghurt with berries or muesli – V	\$5.00
Cheese toastie - V	\$3.50
Cheese & tomato toastie - V	\$4.00
Home made muffins	\$2.50
Cheese & olive bread - V	\$4.00
Cheese & ham bread	\$4.00
Egg & bacon Roll	\$6.00

CANTINA BURGERS	
Char grilled chicken burger with lettuce & mayo	\$6.00
Crumbed chicken burger with lettuce & mayo	\$5.50
Sweet Chilli crumbed chicken burger with lettuce & sweet chilli sauce	\$5.50
Beef burger with lettuce, tomato, beetroot & BBQ sauce	\$5.50
Beef burger with burger cheese and BBQ sauce	\$5.50
Vegie burger with lettuce, tomato, sweet chilli and sour cream	\$6.00
Fillet o fish burger with lettuce & mayo	\$5.50

SANDWICHES – white/wholemeal (Gluten Free add \$1.00)	
Vegemite	\$2.00
Tasty cheese	\$3.00
Tasty cheese & tomato	\$4.00
Egg, lettuce & mayo	\$5.00
Salad	\$5.00
Salad & cheese	\$6.00
Tuna, lettuce & mayo	\$5.00
Poached chicken, lettuce & mayo	\$5.50

WRAPS & ROLLS	
Chicken Caesar wrap	\$6.00
Vegie wrap – lettuce, sundried tomatoes, cucumber, capsicum & feta	\$6.00
Ham & salad	\$6.00
Sweet chilli & chicken	\$6.00
Design your own.....	

SALADS (check specials board for more tasty salads on the day)	
Chicken Caesar salad	\$6.00
Greek salad – V,G	\$6.00
Pumpkin, brown rice, greens & feta with a zingy dressing -V,G	\$6.00
Moroccan carrot salad, roasted spiced carrots, greens, & mixed rice- V,G	\$6.00
Design your own	

CANTINA HOT DISHES – CHECK NOTICE BOARD FOR DAILY SPECIALS	
Butter chicken & Steamed rice	\$6.00
Creamy pasta & mushrooms – V	\$6.00
Pasta Napolitana – V	\$6.00
Fried rice & spring rolls	\$6.00
Spaghetti Bol	\$6.00

HOT FOODS	
Timbertown steak pie	\$4.50
Timbertown sausage roll	\$4.00
Timbertown potato pie	\$5.00
Timbertown Chicken curry pie	\$5.00
Cheese & spinach pastry	\$5.00
Chicken Mexican bites	\$4.00
Chicken coujons	\$4.00
Chicken nuggets	\$4.00
Pizza by the slice	\$4.00
Hot dog with sauce	\$4.00
Hot dog with cheese & mustard	\$5.00
Garlic bread	\$2.00
Garlic & cheese bread	\$3.00
Hot noodle cups	\$4.50

SOMETHING SWEET OR SAVOURY	
Seasonal fresh fruit	\$1.00
Jelly cups	\$2.00
Custard cups	\$2.50
Chocolate mousse	\$3.00
Homemade muffins	\$2.50

DRINKS	
Bottled water	\$2.00
Flavoured milk – small	\$2.50
Flavoured milk – large	\$4.00
Juice boxes	\$2.50
Freshly squeezed juice	\$4.00

V – Vegetarian G – Gluten free